



Become The Mom You Want Your Children To Have

This week, we talked about creating your own **Biography of God**-- it's hard to talk to someone or follow someone you don't really know!

1 Writing a biography of God should not be formulaic-- your relationship with Him should be anything but formulaic. It should be natural and an overflow of what's in your heart. Before you start this exercise, I encourage you to think about your current relationship with God. Would you say it's more of a "check-boxes" part of your life, or do you experience a vibrant, life-giving relationship with your Savior? If you have any questions or want to see your relationship with Jesus grow, I'd love to talk to you more about that!



2 The entire Bible is full of biographical sketches of our God. That's one of the most amazing things about Christianity. We serve a God Who wants us to know Him and know Him well! That, in and of itself, should fill your heart with awe and wonder as you set out on this exercise. Not only does God's Word contain everything we need for life and godliness (2 Peter 1:3) but it is also full of insight into the heart and person of the One Who created you and gave Himself to redeem you. A. MAZ. ING!



3 I'm purposely not giving you a worksheet for writing the biography of God, because I want you to make it work for your own study and personal bent, and I don't want you to get hung up on form. Here's how it works, though:

- 1.) As you read God's Word, look for information about Him. A GREAT place to start (and where I always recommend) is to go through the Psalms first. The Psalmist talks so much about "God is my..." that it's a great place to learn the skill of writing this biography. God is my strength, my shield, my fortress, the lifter of my head... I could literally go on for a long time just recounting the "God is my" statements in the Psalms.
- 2.) Once you find a statement or a verse that gives you insight into Who God is (not all will start "God is" or "God is my"...) write it in your biography of God journal, along with the reference.
- 3.) Next, make a note of what the attribute or description of God means to you. I often turn that into a prayer of Thanksgiving as I write it: "God is the lifter up of my head... Thank you, Father, that no matter how dark the day is, how hard the situation is, or how broken my heart may be, You are there to comfort and help me look up if I'll only allow You. May I take comfort and rest in the fact that You are there, helping me look up even when I don't feel like it. May I see You in this way in the days ahead."
- 4.) It's THAT easy! Do that throughout God's Word, and you'll be amazed at how much more intimately you come to know your great God.