



# Happy Mother's Day

## prayer journal

by Rebecca Brandt  
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## **A Prayer Journal**

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## A Prayer Journal written for Teach Them Diligently

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PRAY: Pray, Read/wRite, Ask and You (™): is a journaling method I developed for our home and journals I create.

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# P.R.A.Y.

Reading our Bible is important. It is also important to take time to meditate on the words we have read, and identify how to apply that scripture to our heart. P.R.A.Y. <sup>™</sup> is an easy way to do this and will keep your mind awake and refreshed as you read through the Bible every day and when working through your prayers.

This is how it works:

**P-Pray:** Pray for God to open your heart to the message He has for you.

**R-Read/wRite:** Please read all of the chapter that the scripture is included in. This will help you gain proper perspective of the text. Then, wRite down the scripture (I have included the scripture in each section and at the end of the journal.)

**A- Ask:** Ask God for complete clarity regarding the scripture. Write down the message of the scripture.

**Y-You:** Now, write down how you are going to apply about this scripture to YOUR life.

P.R.A.Y. With this acrostic is <sup>™</sup> by Rebecca H Brandt – Mom's Mustard Seeds

## Happy Mother's Day

What a beautiful day it is! Every year, people around the world celebrate the one day that is set aside to honor Mothers. It can be a day filled with fun, giggles, chocolate, flowers or other gifts. Yet, it can also be a bittersweet day where a Mom longs to see her own mother. Some women sit with empty arms, yearning for a child they have either not conceived or who left the world before or after their bodies were formed in her womb (Psalm 139:13).

I remember my first Mother's Day. I was pregnant with our first baby and I took my Mother to a tea at the church we were attending. It was a beautiful day and filled with sweet memories. I did not know that was one of the few remaining Mother's days I would spend with my Mother nor did I know that the babe in my womb would not be born.

Several years and a couple of surgeries later, I became pregnant. It wasn't an easy year. My Father in Law passed away and just before Mother's Day my Aunt (who was my Mother's twin and second Mom) had a stroke. We spent that Mother's Day visiting her in the hospital and spending precious moments with my Mother. The following month, our lives were turned upside down. We had just been released from my specialist's care prior to my Father in law passing away. We spent the first three months of the pregnancy making many trips to see the speicalist who consantly told us that this baby would not be born. One visit in particular was very hard. I had experienced some bleeding and discovered tissue in the blood. The Specialist had the tech perform an ultrasound and it was discovered that the baby's sac had caved in and part of it was missing. But, the pregnancy continued. Then, at the end of June, I was placed on bed rest and spent several weeks in the hospital. At long last, our first born was delivered via c-section because he was in a frank breech position.

Before our first pregnancy, I had a perfect birth plan, which included no pain medicine. After we lost that baby, I just wanted a healthy baby. With the second pregnancy, I began to learn the truth about not only desiring a healthy baby, but the true meaning of becoming a Mother.

What is a Mother?

As a little girl, I imagined myself as a crafty, fun, creative, care-free Mom who had a peaceful home with lots of laughter. My children would be perfect, some would play instruments and all would be academically gifted.

I giggle a little when I think back to my thoughts as a child.

Now, I define a Mother completely different.

A mother is someone who understands the meaning of laying down her life for others. A mother is not someone who has incorrect expectations of her children, but understands that her children are gifts from God and her goal is not to raise her children for her pleasure or glory. But, she raises her children for the glory of God.

A real mother is not one who spills the coffee, dumps the flower and spills the egg and demands a do-over. No. A real mother is one who finds and gives grace in each moment and knows that God has granted her his peace in each moment and that each moment is an opportunity to learn and grow in grace. A Mother who stands on the foundation of Christ does not have an expectation that a day will be 'easy' therefore, she does not set herself or children up for failure due to incorrect expectations of herself or her children.

This Mother's Day, let's not just rest on the expectations that the world wants us to believe. This idea that being a mother is hard. We are not promised easy lives, but we are promised peace and grace from our Father.

**What and/or Whose am I?**  
2 Corinthians 5:17

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**What counts?**  
Galations 6:15

**Pray:**

**Read/wRite:**

**Ask:**

**You:**



**What is my body and to whom does it belong?**  
1 Corinthians 3:16-17

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Who chose me before creation?**  
Ephesians 1:4

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Whose child am I?**  
John 1:12

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**How did God make me His child?**  
Ephesians 5-6-7

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**How great is God's love for me?**  
John 3:16

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Who is my best friend?**  
John 15:15

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**What is the purpose of 'bad days'?**  
Jeremiah 29:11

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**What about those impossible days – are they really impossible?**  
**Luke 1:37**

**Pray:**

**Read/wRite:**

**Ask:**

**You:**



**I have failed so many times, why should I keep trying to  
be a 'good mother'?  
Philippians 3:13-14**

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**What if I don't see any academic or spiritual fruit in the  
lives of my children?**

**Habakkuk 3:17-18**

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**What should I do if someone hurts my children?**  
Romans 12:19

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Some days, I am so weary from giving all that I am – does  
anyone notice?  
Psalm 33:13-15**

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Should I worry about the present or future?**  
Matthew 6:25

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**How can I please God?**  
Hebrews 11:6

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**How can I accomplish my daily tasks?**  
Philippians 4:13

**Pray:**

**Read/wRite:**

**Ask:**

**You:**

**Pray:**

**Read/wRite:**

**Ask:**

**You:**



## **Take Time to Pray and Write these Out**

**Family Mission Statement:**

**My Mission Statement for being a Mother:**

**Our Family's Bible Verse:**

**My Life Bible Verse:**

**Bible Verse for Each Child**

**Child:  
Verse:**

**Child:  
Verse:**

**Child:  
Verse:**

**Child:  
Verse:**

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**Pray:**

**Read/wRite:**

**Ask:**

**You:**

# Prayer List

Date	Name	Prayer Request	Date Prayer Answered
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